Do something nice/helpful for someone without them knowing you did it. Try hard to keep it a mystery, without taking any credit.

Make a Map or Art piece that celebrates the interconnections at your sit spot. Soil, flowers, bees, water, sunshine, trees, birds - how do they all work together? How are you connected to them?

Mark off a single square foot of ground using stick or string.

LEVEL 1: Get on your belly and observe it as if you were an ANT.

LEVEL 2: After being an ant, bioblitz that small section, making a list of all the beings who live or travel through there.

Locate the most active pollination site near your home: a tree, shrub or flower patch etc...

LEVEL 1: Calmly enter the site and watch the bees for as long as you feel comfortable.

LEVEL 2: Get inside that tree, shrub or flower patch and sit there for 30 min. How many different species come to visit? What stands out to you? Can you feel the hum of the bees in your body?

Write a song, poem or story that celebrates a key ecological or endangered species in your area: bees, dragonflies, frogs, salmon, bears, butterflies, turtles, salamanders, etc... Do some research and include it in your art.


Make music with family or friends! Share a song you learned at nature school or make up your own nature-inspired song.

...AND THEN...

Ode to the sweet honey bee...

Wisdom of Wolf the Earth Kids & Thriving Roots Wilderness School