**Southwest: Afternoon, Late Summer, Internal Growth, Early Adulthood, Relaxation, Wandering & Search for Purpose. Empathy. Care taking.**

- Learn which way is North! Without using a compass, challenge yourself to locate North from 3 different locations.
- Find a plant that is "new" to you. Draw it in your journal and then learn how to identify it. Find 3 interesting facts about it using field guides.
- Follow a creek as far as you can! *Maybe all the way to its source!*
- Make your own basket from materials harvested from nature: (ivy, willow, rush, cattails, cedar bark)
- Take a nap... where? Outside, of course!!!
- Create a compass in your yard from natural materials. Include all 8 directions!

**Missions**

- Tend and give back to a space you care about: garden, sit spot, or your favorite beach etc... Find your own way to leave it better than you found it. Share stories and perhaps before/after photos!
- Make an herbal tea at home using at least 3 different native plants. Understand the medicinal properties of these plants, name your new tea!
- Learn what plants are good for the skin. Harvest and make a healing salve that will help with one of the following: cuts, stings, dry skin, sore muscles, etc...
- Go on a long timeless wander! Be sure to find a way to know where you are at all times. Notice where your body wants to take you, what you're naturally drawn to and follow these instincts.

**Keep It Wilde**

**Wisdom Of The Earth Wolf Kids Thriving Roots Wilderness School**